

USER GUIDE

MIRA-SKIN ULTRASOUND DEVICE

MIRA-SKIN ULTRASOUND GEL

MIRA-SKIN HYALURONIC SERUM



mira-skin™

MIRA-SKIN designed by Anni Valentin

Dear Valued Customer

Congratulations! By purchasing this personal care product, you are one step closer to having younger looking skin. Mira-Skin will help you remove those tiny, unwanted wrinkles and enhance your skin's texture within days!



With great attention to detail, we have developed a high tech ultrasound device and an advanced, super hydrating hyaluronic serum. Our mission is to focus on providing our customers with the highest quality products.

I was inspired to bring this product to you after seeing the amazing results my clients have been getting. Now, after using this technology in my own salon for years, I am sharing my secrets with you. You can achieve more supple, younger looking skin from the comfort of your own home.

Our team has worked for over a decade to create the perfect formula for our serums. Our hyaluron serum contains 0% paraben, 0% silicone and is 100% free of chemical preservatives. To prevent hazardous plastic leakage into the gels and serums, we intentionally bottle our cosmetics in more expensive glass containers.

I want to hear from you so please feel free to share your results with me via Facebook or Email. If you are not satisfied with Mira-Skin for any reason, you may return the product within 30 days for a full refund.

Welcome to the Mira-Skin family! facebook.com/techmirainc

Yours, Anni Valentin

TABLE OF CONTENT

Mira-Skin Starter Kit	4
What is ultrasound?	4
What is Mira-Skin?	6
How does Mira-Skin work?	6
How does Mira-Skin prevent the signs of aging?	8
What is unique about Mira-Skin?	10
What are the benefits of a Mira-Skin ultrasound treatment?	10
What are the advantages of the Mira-Skin ultrasound device?	11
When will I notice the first signs of improvement?	11
How to start using Mira-Skin?	12
How to operate the device	13
Battery Charging	13
Device explained & LED light and meaning	14
How should I use the Mira-Skin Ultrasound device?	15
Where to treat your face and not to treat	18
How often should I use Mira-Skin Ultrasound Gel and Mira-Skin Hyaluronic Serum?	19
Important Information on Use	19
Why do we use glass containers for the gel and serum?	23
Safety Information – WARNINGS	23
Reorder Mira-Skin Supplies	Backside

MIRA-SKIN STARTER KIT

Inside your package you will find

- Mira-Skin Ultrasound Device
- Mira-Skin Ultrasound Gel
- Mira-Skin Hyaluronic Serum
- USB-Charging Cable
- User Guide



WHAT IS ULTRASOUND?

Ultrasound is an oscillating sound pressure wave with a frequency inaudible to the human ear. Ultrasound has a frequency greater than 1 MHz frequency (one million cycles per second). Audible sound has a frequency between 15,000 and 20,000 cycles per second.

Mira-Skin uses soft ultrasound to add vitamins and nutrients into the skin, which stimulates renewal and hydrates your skin. Soft ultrasound is gentle and harmless.

Ultrasound requires a conductive medium. The Mira-Skin Ultrasound conductive gel, which is enriched with additional ingredients and is included with your Mira-Skin. It can also be purchased separately as a refill at www.mira-skin-ultrasound.com.



WHAT IS MIRA-SKIN?

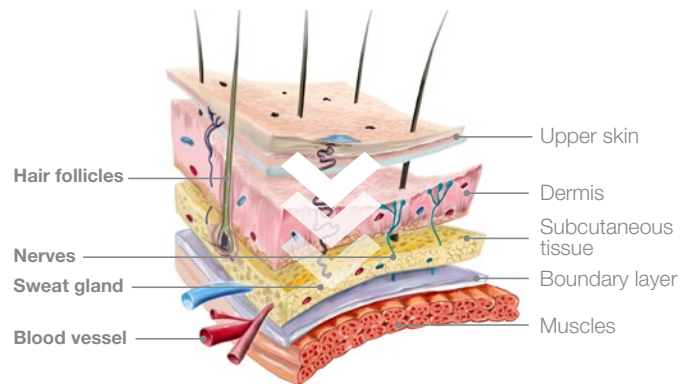
Mira-Skin is an ultrasound facial device, which allows you to enjoy all the skin care benefits of a luxury spa treatment in the comfort of your own home. Mira-Skin aids in the absorption of nutrition from skin care products, helps with blood circulation, speeds up metabolism (recovery of skin), reduces and prevents wrinkles, restoring luster and firmness.

The great news is that you can use Mira-Skin with your favorite skin care products to maximize their effectiveness.

HOW DOES MIRA-SKIN WORK?

Ultrasound has been widely used around the world for many medical applications and it is now available for state of the art skin care treatments. An ultrasonic facial with Mira-Skin will rejuvenate your skin, remove fine lines and wrinkles and make you look years younger!

Ultrasound creates high speed, low-frequency sound waves that radiate invisible micro vibrations. Ultrasound is superior at cleansing and exfoliating without harmful microbeads found in most cosmetics. Your skin's pathways are opened, thus enabling vital substances of high quality anti-aging cosmetics to reach deeper into the skin layers. It helps anti-aging ingredients infuse into the skin and visibly lifts and firms the skin without the use of dangerous chemicals, acids or other harsh abrasives. Mira-Skin is gentle, non-invasive and safe for all skin types, even the most sensitive skin types. With Mira-Skin, you can now enjoy luxury spa treatments in the comfort of your home!



Mira-Skin Ultrasound is effective in deeper layers of the skin

With continued application, Mira-Skin has the following benefits:

- Minimizes the appearance of fine lines and wrinkles
- Promotes blood circulation, which brings more oxygen and nutrients to your skin
- Gently exfoliates dead skin cells
- Cleanses away toxins and aids in lymphatic drainage
- Allows anti-aging ingredients to reach deeper into the skin layer
- Stimulates the development of collagen and elastin for improved skin elasticity
- Increases cellular metabolism, which aids in cell repair and regeneration
- Fades age spots and freckles
- Improves skin texture and tone
- Gently exfoliates dead skin cells without the use of environmentally hazardous microbeads

HOW DOES MIRA-SKIN PREVENT THE SIGNS OF AGING?

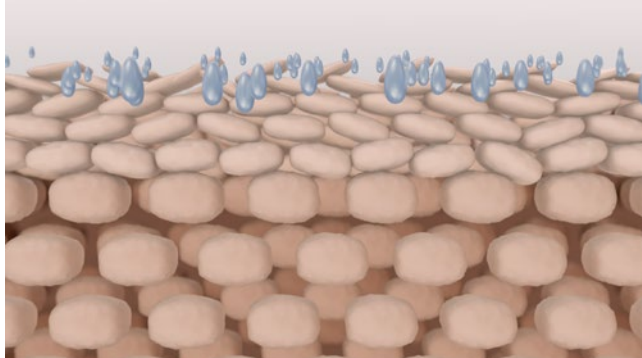
It is no secret that our skin changes as we age. Environmental factors such as the sun, cold, pollution, living conditions, stress and genetic predispositions are responsible for signs of aging. As early as your mid- to late-20s and into your 30s, you may start to notice the very first signs of aging. The number of skin stem cells decreases as we age, which diminishes the vitality and regeneration capacity of the skin. As we get older the oxygen and nutrient supply decreases because of a decrease in blood circulation. As collagen production naturally declines with age, skin loses the elasticity and resiliency, causing sagging skin and the formation of fine lines and wrinkles.

Normal daily skin creams alone cannot stop the process of fine lines and wrinkles. The skin's natural protection barrier is comprised of many elements, mostly lipids, which work to keep things out of the skin. Most anti-wrinkle creams are designed to plump up your skin by adding moisture, but this is only a temporary fix because they are not able to disrupt the lipid barrier.

Phonophoresis is the use of ultrasound to enhance the delivery of ingredients into the skin. The gentle air vibrations of ultrasound temporarily expand and open transport ways, which boosts the delivery of anti-aging ingredients into the deepest layers of the skin where they are more effective.

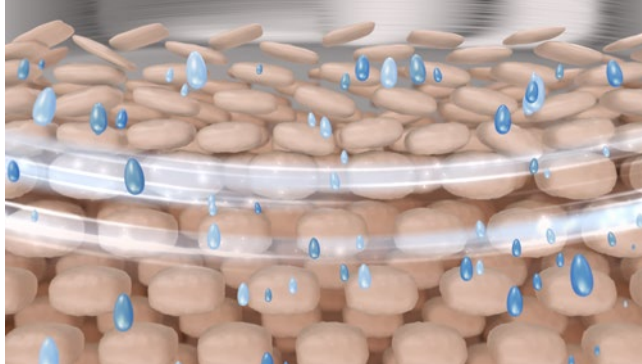
Ultrasound stimulates blood flow, increases the regenerative capacity of the skin and promotes collagen synthesis, which makes you look younger. An ultrasonic facial will clarify and regenerate your skin instantly making it ultra soft, and mega-hydrated.

WITHOUT ULTRASOUND



Skin care ingredients sit on the top layer of your skin

WITH ULTRASOUND



Mira-Skin Hyaluronic Serum and ingredients of your favourite skin care penetrate your skin more deeply

WHAT IS UNIQUE ABOUT MIRA-SKIN?

Mira-Skin uses ultrasonic treatment to prevent and reverse the signs of aging. While skin creams can only penetrate the top layers of skin, ultrasound makes it possible to deliver essential nutrients deeper into your skin to smooth away unwanted imperfections and accelerate skin repair.

Mira-Skin should be used in combination with the Mira-Skin Hyaluronic Serum, which penetrates deep into the epidermal layers and binds moisture internally to plump wrinkles from the inside out. It helps your skin retain moisture and keeps your skin soft and supple. Wrinkles disappear and your skin gets a fresh, radiant complexion!



WHAT ARE THE BENEFITS OF A MIRA-SKIN ULTRASOUND TREATMENT?

Mira-Skin provides your skin with the following benefits:

- Allows vital anti-aging skin care ingredients to be absorbed deep below the skin for greater effectiveness.*
- Exfoliates skin and provides a gentle massage.
- Increases cellular metabolism, which aids in cell repair and regeneration.
- Increases the production of collagen and elastin levels.

**If you are currently under medical care for a skin condition, consult your doctor before using Mira-Skin.*

WHAT ARE THE ADVANTAGES OF THE MIRA-SKIN ULTRASOUND DEVICE?

- Mira-Skin's head is made from high quality, medical grade stainless steel, which makes it 100% skin safe and easy to clean – other ultrasound products use aluminum heads which are cheaper to make and may leak trace of toxic aluminum into the skin.
- Mira -Skin Hyaluronic Serum is made of high quality ingredients and supplies your skin with soothing and stimulating nutrients.
- When Mira-Skin is used in combination with the Mira-Skin Hyaluronic Serum, your skin will be nourished with essential nutrients to smooth away those unwanted imperfections and will increase the absorption and effectiveness of your favorite skin care products.



WHEN WILL I NOTICE THE FIRST SIGNS OF IMPROVEMENT?

Everyone's skin is different and the results may differ from user to user. Many users feel that their skin has greater elasticity and looks brighter and smoother after the first use. Users begin seeing noticeable results in as little as two weeks. With regular use, your skin will feel soft, supple, youthful and pleasantly refreshed.

HOW TO START USING MIRA-SKIN?

Your Mira-Skin device has a pre-charged battery, so you can try it out immediately.

Charging your Mira-Skin

To charge the Mira-Skin device, **use any USB-Charger** from your Smartphone (e.g. iPhone , iPad or Android) or Laptop Computer. Use the cable which came in the package to connect the Mira-Skin to any USB-charger. Charging an empty battery will typically take a maximum of three hours. When charging, the yellow LED will be on confirming the battery is filled. Once the battery is fully charged, the yellow LED will go off.

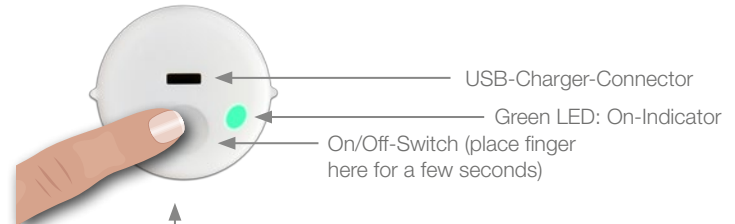
How can I check if my Mira-Skin is working?

- Place your finger on the ON/OFF button for 2-3 seconds to turn the device on. The red LCD light will come on, signaling that the device recognizes your finger, then the green LCD goes on and the device is powered on working. The green LCD will remain ON until you turn off the device manually or the device automatically shuts off after 5 minutes (as a safety measure). When the device is switched ON, you hear a beep.
- If the yellow LCD light blinks, your Mira-Skin Ultrasound device needs to be charged before further use.
- **Testing the ultrasound:** Since one cannot see, hear or feel the ultrasound, place a drop of water on the metal head when the device is ON and see the water drop(s) vibrate on the surface.



HOW TO OPERATE THE DEVICE

View from the top:



View from the side:



Ultrasound Head:
Place metal head on skin, use
Ultrasound Gel for gentle gliding

BATTERY CHARGING

To charge the battery, **connect the device to any USB-adaptor using the cable that comes with Mira-Skin.** You can use your Apple iPhone or Android Charger or any other USB-connection. When charging, the yellow LCD on the top of the device stays on. Always use the Mira-Skin-USB-Cable.

DEVICE EXPLAINED & LED LIGHT AND MEANING

LED Color	Function (Status)	Sound
Green	Switch device on, keep finger on the switch for two seconds = Green LED turn on	Turn on: A beep sounds for one second
	Turn off device: Green LED goes off	Turn off: Beep sound for three seconds
Red	1.) If there is a technical malfunction, the red LED stays on. 2.) LED goes on to confirm that the finger is recognized on the On/Off Switch	No sound
Yellow	The LED is on to confirm the unit is charging (only if device is connected to a charger via USB cable) Blinking LED: The device is too hot in the inside, please place in the shadow or a cooler part of your home. Fast blinking: Battery is defective	
No LED on	Device is off	

HOW SHOULD I USE THE MIRA-SKIN ULTRASOUND DEVICE?

1. Clean your face as you normally do and remove all traces of make-up.



2. Apply the Mira-Skin Hyaluronic Serum to your skin. This serum is the ideal preparation and will help your skin to retain moisture.



3. Next apply a pea-sized portion amount of the Mira-Skin Ultrasound Gel on your face. If it is absorbed during use, please re-apply generously. Too little gel decreases the penetration of the ultrasound, too much gel is not necessary. Be sure to avoid your eyelids and open sores.



4. Now turn on the Mira-Skin ultrasound device (see page 13). Glide the Mira-Skin ultrasound device in a stroking motion, always moving the machine upwards in circular motions. The device must be placed flat against the skin.

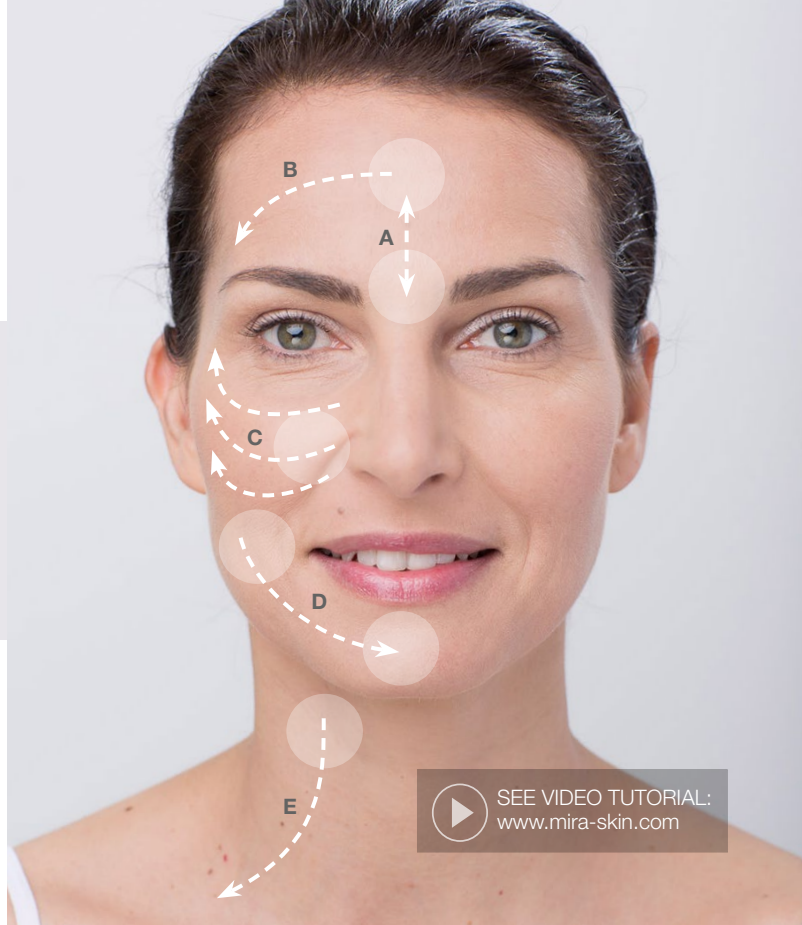


We recommend the following procedure:

- A** Begin by gliding Mira-Skin across your forehead in circular motions.
- B** Next glide up along the lower jaw and toward the cheekbones.
- C** Then move the device upwards around the sides of your nose.
- D** Finally, glide Mira-Skin down toward the chin.
- E** Glide from the bottom of the neck in upward motions.
- F** Finally, glide the device down the right and left sides of your throat several inches away from your Adam's apple.

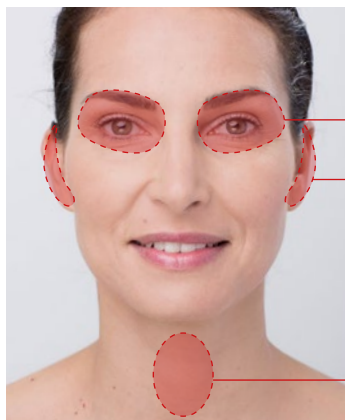
The treatment takes a maximum of 5 to 10 minutes and should only be used 2 to 3 times a week. Overuse of ultrasound cleansing will tire out the muscles and skin tissues, which will produce undesirable results.

5. Wipe the remaining gel off of the device with a Kleenex or cotton ball after each treatment.
6. Apply your favorite skin care products. Your skin is highly absorbent in the first 30 minutes after the treatment. This is the ideal time to apply your favorite anti-aging skin care products for maximum benefits.



How to glide the Mira-Skin Ultrasound device.
Repeat this procedure three times on each side of your face.
The treatment takes a maximum of five to ten minutes.

WHERE TO TREAT AND NOT TO TREAT YOUR FACE WITH ULTRASOUND?



WARNING: To prevent eye injury, do not use directly on the eyes and eyelids

WARNING: Do not use on your ears

WARNING: Do not use on your Adam's apple

DO NOT use the Mira-Skin Ultrasound device:

- Internally and avoid the eyelids, ear and throat (Adam's apple area).
- More than 10 minutes for each treatment. Overuse of ultrasound cleansing will tire out the muscles and tissues, which will produce undesirable results.
- On open sores, wounds or infected areas. Consult a doctor prior to use.
- If you are pregnant.
- If you have a pacemaker, heart disease or other serious medical condition.

If you are currently under medical care for a skin condition, consult your doctor before using Mira-Skin.

HOW OFTEN SHOULD I USE MIRA-SKIN ULTRASOUND AND MIRA-SKIN HYALURONIC SERUM?

We recommend using **Mira-Skin Ultrasound 2 or 3 times a week**. We recommend using the **Mira-Skin Hyaluronic Serum daily**. Apply the serum to your face twice a day, in the morning and evening after cleansing and before applying your favorite anti-aging skin care product.

⚠ Do not use the Mira-Skin more than 10 minutes for each treatment. Overuse of ultrasound cleansing will tire out the muscles and tissues, which will produce undesirable results.

IMPORTANT INFORMATION ON USE

- Do not glide the Ultrasound back and forth. Glide the device in one direction only. Keep the Mira-Skin gliding over the skin.
- Do not stop the motion at the same place for too long.
- Do not use ultrasound more than ten minutes per treatment.

To avoid side effects or skin reactions, please do not use skin care products that contain the following ingredients in combination with ultrasound:

- Nanoparticles
- Essential oils
- Fruit acids
- Enzymes

Ultrasound treatment is safe for all skin types. However, there are some conditions that should not be treated with ultrasound. If you are currently under medical care for a skin condition, consult your doctor before using Mira-Skin.

MIRA-SKIN HYALURONIC SERUM: REVITALIZING DEEP MOISTURIZING TREATMENT

A unique combination of high-quality, short-chain hyaluronic acid, which promotes regeneration and supplies your skin with valuable nutrients and antioxidants for ultimate hydration.



Available in
15 ml and
50 ml glass
bottle

1. **Collagen** (Hydrolyzed Collagen) – improve skin toning and supports regeneration.
2. **Microcrystalline silver** – has antibacterial properties for soothing and anti-inflammatory results.
3. **MSM** (Methyl-Sulfonic-Methane) – is a natural sulfur substance, which plays an important role in building healthy skin, hair, nail cells.
4. **Vitamin E** – is a powerful antioxidant that decreases skin roughness, facial lines and wrinkles.
5. **Omega 3** – helps keep your skin hydrated and prevents it from drying and flaking.
6. **Vitamin A** – repairs skin damage due to sunburn and natural aging.
7. **CoQ10 (aka. ubiquinone)** – plays an important role in making your skin look younger by creating collagen and elastin for firmer skin.
8. **Frankincense** – intensifies skin regeneration and reduces skin irritations. It also has a soothing effect on overly dry and flaking skin.
9. **Alpha hydroxy acid (AHAs)** – exfoliates and increases blood flow to the skin, to help to minimize fine lines and wrinkles.

YOU ARE WHAT YOU DRINK. GET YOUR DAILY DETOX WITH MIRA-WATER, THE ULTIMATE COMPLEMENT TO YOUR DAILY SKIN CARE ROUTINE

Mira-Water:
Cleaned
Mineralized
Energized



DAILY DETOX



Mira-Water - purify and detox your
body from the toxins of daily life

More information:
www.mira-water.com

mira-water™
Energizing Technologies

WHY DO WE USE GLASS CONTAINERS FOR THE GEL AND SERUM?

Many studies show that polycarbonate plastic, a type of plastic used in many household and food products, gradually releases a chemical called bisphenol-A (BPA) into foods and liquids that are stored in containers made from this material. According to healthnews.org, the chemical compounds released by these plastics can alter hormones and have other potential human health effects. By using glass, containers, we try to minimize your health issues.

SAFETY INFORMATION – WARNINGS

Mira-Skin is an electronic ultrasound device. When using an electronic product, basic safety precautions should always be followed, including but not limited to:

- Use this product only for its intended use as described in this Manual.
- If at any time you experience any irritation (rash or a sunburn-like sensation), discontinue use of the device immediately.
- Mira-Skin Ultrasound is not intended for use by persons under the age of 18. Keep out of the reach of children.
- To avoid eye injury, do not use or place the ultrasound device head directly onto the eye or the upper eyelid. It is intended for use only as shown on diagram on page 18.
- Do not immerse in water. If the product appears damaged or has fallen into water, discontinue use.
- Never use or clean the Mira-Skin under running water – use moist paper towels or moist cotton balls to clean it. Make sure the device is OFF before cleaning.
- Do not hold the device under water – this could damage the electronics and/or cause an electric shock
- Always keep the device safely in your hand, don't drop it as this may cause irreversible damage

REGULATORY COMPLIANCE INFORMATION

The Mira-Skin device complies with part 15 of the FCC rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

The Mira-Skin device complies with Part 18 of the FCC rules.

INTERFERENCE, CORRECTIVE MEASURES

The device generates radio-frequency energy. It may cause interference with radio and television reception. If you think there is interference, turn off your device or move it away from the radio or television.

WARRANTY INFORMATION AND DISPOSAL

Mira-Skin Ultrasound comes with a two-year warranty covering any manufacturing defects. If you think the device is not functioning properly, please call customer care at +1 781 975-3552 for assistance. The device itself does not require any routine maintenance.

Do not open the device as this may harm the electronics and void your warranty. Consult a Mira-Skin employee in case of questions.



Your product is designed and manufactured with high quality materials and components, which can be recycled and reused.



When this crossed-off wheeled bin symbol is attached to a product it means that the product is covered by the European Directive 2002/96/EC. Please inform yourself about the local separate collection system for electrical and electronic products. Please act according to your local rules and do not dispose of your old products with your normal household waste. Correct disposal of your old product helps to prevent potential negative consequences for the environment and human health.



Your product contains batteries covered by the European Directive 2006/66/EC, which cannot be disposed with normal household waste. Please inform yourself about the local rules on separate collection of batteries because correct disposal helps to prevent negative consequences for the environmental and human health.

REORDER YOUR SUPPLIES

Mira-Skin Ultrasound Gel

(50ml/1.7 Fl-OZ)

Available in 50 ml
glass bottle



Mira-Skin Hyaluronic Serum



Available in 15 ml and
50 ml glass bottle

Reorder your supplies here:

www.mira-skin-ultrasound.com

or go to our preferred beauty shop and online retailer.

mira-skin™

Technira Inc. | 3157 N. Rainbow Blvd. Suite #210
Las Vegas, NV 89108 | USA | info@technira.com | +1 781-975-3552
Europe: Technira AG | Im tiefen Boden 39 | CH-4059 Basel
Tel. +41 78 6686000 | info@technira.com